



What is NLP?

Neuro Linguistic Programming (NLP) is a unique methodology, an art and a science. Performance experts describe it as the ultimate performance psychology. It's been used since time began by all successful people, whether they've known it or not, but was discovered in its current form in the early 1970s. It teaches a way to achieve everything you want from life, more effortlessly and easily. Whatever you want from life, the answer lies within what you need to change about what you're currently doing in order to get it. It ends with an ability to affect and influence others around you in a positive way. NLP is used in businesses all around the world, to accelerate performance; in therapy or coaching to create rapid transformations and used by individuals to achieve their personal goals and create the lives they want to lead.

In brief, it's a way of taking control of your brain, your behaviour and your results, ensuring you get what you prefer to get out of life.

7-day Practitioner Course – who should get Certified?

If you'd like to learn transformational tools for yourself and use in coaching scenarios with others, that will help you to be, do and have anything that you want, then this internationally recognised practitioner qualification is the course for you! **It is the ultimate management, leadership and personal transformational course available today!**

The NLP Practitioner Course in 7 days



Day 1: Coaching with NLP, Influence & Rapid Rapport Building

Day 2: Effortless Achievement and Removing Limiting Beliefs

Day 3: Changing unwanted behaviours and habits and installing new ones

Day 4: Emotional Mastery, Removing Limiting Beliefs & the Mind-Body Connection

Day 5: Persuasive Linguistics for influencing and transformation and Coaching Questions

Day 6: Mending Relationships, Resolving Inner Conflict & Persuasion

Day 7: Timeline Techniques for changing limiting patterns, Phobia Cure, Starting Your Coaching Practice & BREAKTHROUGH!

- You will learn all the transformational tools of NLP, such as the ability to use language in a skilled and precise way to influence people subconsciously. You'll learn how to mend broken relationships or discover how to influence people you've felt are impossible to deal with.
- You will learn how to resolve internal conflicts such as "part of me wants to be successful and part of me wants a quiet life" or deeper internal conflicts such as "part of me wants to be please others and part of me wants to please myself" etc.



- You'll also learn "timeline" techniques designed to change the limiting patterns that are preventing you from experiencing life in the way you want to. You will also learn the fast phobia cure, which will resolve any phobia or past traumatic experiences in less than an hour.
- Finally, you will be advised on how to set up a coaching practice if you wish and how to collect case studies that will accelerate your skills in NLP and thus your own potential to achieve great results in your life.
- There is one final breakthrough exercise to ensure you leave the course on an amazing and life-changing high! You can start your coaching practice as soon as you finish the course and there are no limits to what you can earn as a coach.

Will I enjoy the course?

If you answer YES to any of the following, yes you will!

Do you have an interest in yourself and personal development?

Do you have goals or want to achieve more with less resources?

Would you like to be more successful in any area of your life?

Would you like to change your emotions, your behaviours and your life for the better?

Would you like to lose weight, stop smoking, cure phobias, or change unwanted habits?

Would you like to help those around you to be happier?

Do you help people for a living, such as a coach, therapist, doctor, dentist or nurse?

Are you interested in becoming a coach part or full time?

Would you like to have more control over your life?

Would you like to have rock solid self-belief and confidence to fulfil your dreams?

Would you like to change your life for the better in just 7 days?

Home Study

Either before or during the training you will receive a few easy assignments to complete before the end of the training. During the training you will learn techniques and the theory behind them and be able to put it into practice with expert guidance. When you leave the course you will have a deep understanding of NLP and feel confident to use NLP at work, home and wherever you like. With our regular evening seminars for students, we explore in more detail how to apply the Practitioner techniques in different areas and also teach many advanced techniques that are often not covered on Practitioner trainings. These evenings also act as a great supportive network to encourage you to achieve what you want with NLP.

Certification

To receive the ABNLP NLP Practitioner Certification, you must complete the 7 days classroom training covering the content listed above.

Registration is open NOW and there are a limited number of places.

Please call 0265502977 or email info@amazing-u.net for Terms and payment information.